

CONTENTS LIST

We want everyone to receive a fun and useful box of new and unused gifts so every shoebox should contain all items in this blue box.

- | | |
|---|---|
| ☐ Gloves or Scarf or Hat
(new or knitted) | ☐ Toothbrushes & Toothpaste |
| ☐ Sweets or Chocolates
(BB June 2026 EU Origin) | ☐ Candles & Holders* or
Tealights |
| ☐ Soap & Flannel | ☐ Small Games
(Travel Size Draughts/Dominoes/
Playing Cards) |

*Holder is for safety and stability

Then please **ADD 5 or more items** (at least one of each item) from the **Red Box** for a **Family Shoebox** OR from the **Purple Box** to make a **Unisex Elderly Shoebox**.

☐ **FAMILY** (PLEASE TICK) ☐ **ELDERLY** (UNISEX)

- ☐ Colouring Pads (A5)
- ☐ Crayons/Pencils
(with rubber & sharpener)
- ☐ Small Toys
(yo-yo, skipping rope, toy cars)
- ☐ Soft Toy Teddy (with CE labels)
- ☐ Tape Measure/DIY Tool
- ☐ Sewing Kit
- ☐ Shampoo (max 400ml)
- ☐ Solar-Powered Calculator
- ☐ Safety Razors
- ☐ Hairbrush/Comb
- ☐ Other Gifts

OR

- ☐ Reading Glasses/Magnifier
(Max + 2 strength)
- ☐ Mug/Wooden Spoon/Cutlery
- ☐ Sensory Item (eg Bean Bag,
Lavender Bag, Stress Ball etc)
- ☐ Hot Water Bottle
- ☐ Work Gloves
- ☐ Pen and Paper
- ☐ Socks/Tights (NEW)
- ☐ Wind-Up Radio/Torch
- ☐ Shampoo (max 400ml)
- ☐ Scissors/Nail Clippers
- ☐ Safety Razors
- ☐ Other Gifts

For other gifts & sustainability ideas go to www.linktohope.co.uk

PLEASE REDUCE THE PACKAGING YOU PUT IN YOUR SHOEBOX

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